



SUNRISE SALUTE

Rotary International Charter No. 30735 – Chartered May 1, 1995 – Rotary District 7690

News from the Rotary Meeting of January 5, 2009



2008-09 RI Theme

Leading the Way At San—Lee

President Terry Mullen opened the meeting with the quote of the week: "A hungry man is not a free man." -Adlai E. Stevenson.

Howard Logue led the Rotary invocation

Raymond Womble led the Pledge of Allegiance .

President Terry Mullen led the four way test to close the meeting.



San-Lee Sunrise Rotary Sergeant-at-Arms Mike Thomas (right) introduced Bill Stone, Lee County Cooperative Extension 4H Youth Development Agent, for a program describing the three part EAT SMART, MOVE MORE program in our county. The Eat Smart, Move More program is funded by a \$17,000 grant from the State of

San-Lee Sunrise Sergeant-at-Arms Mike Thomas introduced his son-in-law Bill Stone, Lee County Cooperative Extension 4H Youth Development Agent, for a program describing the three part EAT SMART, MOVE MORE program in our county. The 'eat smart, move more' effort will involve seven hundred fifth graders and is undertaken to educate youth about diet and exercise and combat youth obesity. The first phase will involve keeping a five-week journal of eating habits and physical movement. The second phase will be the growing of vegetables in container gardens in the classroom to show where food comes from before the grocery store presentation. A third phase will be a community garden made up of 20 raised bed garden plots. The gardens will be on land owned by the Extension Service and master gardeners in Lee County will help with training for this experience. The Eat Smart, Move More program is funded by a \$17,000 grant from the State of North Carolina and the Ernest and Ruby McSwain Foundation. For more information, call Bill Stone at 775-5624.

Good News

- Hayden Lutterloh announced the Breadbasket provided 42,800 meals during 2008.
- Hayden also shared with the group the joy of a ten-day visit with his daughter in Florida.
- Kevin Kirkman announced all elementary schools in Lee County will in the future be served by Back Pack Pals and that at least 25 children will be helped in each school.
- Paul and LeWanda Dauphin, Andy Manhardt, Charles and Martha Oldham, Terry and Sue Mullen, Leslie Cox, Hayden Lutterloh and Hubert Garner along with two brothers, Kevin and Daniel Covert and Breadbasket manager Susan Rosenthal cooked and served the meal at the Breadbasket on New Year's Day.
- Mike Thomas paid a buck and lamented the loss in basketball of UNC to Boston College.
- Andy Manhardt shared a visit from his daughter and two granddaughters, three and a half and eleven months old. The ladies will be returning home to Winnipeg, Canada. Also, Andy shared the recent victories of his *alma mater* Rutgers in football.

Club News

- There will be no meeting on January 19th due to the Martin Luther King, Jr. birthday holiday.
- There will be a San-Lee Sunrise board meeting on the 12th instead of the 19th, and this will also be PB&J day for the benefit of CUOC

Community News

- Shallow Well Church will be hosting a pancake breakfast on Saturday, January 10th, from 8 to 11 with proceeds to benefit hurricane Katrina mission work. ...